What can the charity do **for you?**

Haemochromatosis • UK
Saving lives and preventing ill-health

If you, or someone in your family is affected by haemochromatosis, then we are *your* charity.

Haemochromatosis National Help Line

We employ qualified and registered nurses with specialism in haemochromatosis – We call them our Iron Nurses. You can speak with them for friendly, practical, specialist help and understanding.

Monday to Friday:
12.00 noon to 3.00pm

Telephone: 03030 401 102*

Email: helpline@huk.org.uk

We aim to respond to email queries within 1-2 working days, although it is often quicker – but do allow for holidays across the year.

** Calls to 03 numbers cost no more than a national rate call to an 01 or 02 number. If calling from a mobile phone, calls to 03 numbers count towards any inclusive minutes.*

Need an Iron Overload Buddy?

If you're newly diagnosed or caring for someone affected by genetic haemochromatosis, maybe you would like to buddy-up with an experienced volunteer to talk it through?
To apply for a Buddy visit:

www.haemochromatosis.org.uk/iron-overload-buddies

Advanced Nurse Practitioner Consultation

We provide a specialist support for service over and above our helpline, conducted by our Advanced Nurse Practitioner. The appointments can cover all aspects of your diagnosis, care, treatment and genetics counselling to understand your results better.

Book an Advanced Nurse Practitioner appointment via our website:

www.haemochromatosis.org.uk/helpline

Genetic Testing

Need a genetic test for someone else in your family? More information on our GH testing service is available online.

www.haemochromatosis.org.uk/genetic-testing-for-haemochromatosis

The Charity's own Moderated Facebook Support Group

Our Facebook Support Group provides friendly lay-person support for anyone affected by genetic haemochromatosis. This is a public group moderated by our amazing HUK volunteers (not staff and not HUK nurses).

www.facebook.com/groups/haemochromatosis

What can you do **for the charity?**

What you can do for us – and the haemochromatosis cause!

Be a Member

Join today as a member and receive a bumper membership pack and regular newsletter from the UK's charity for people affected by haemochromatosis. There is a very small annual fee that helps us support you and people like you – knowing genetic haemochromatosis is with you for life – we can be too!

www.haemochromatosis.org.uk/join-us

Be a Haemochromatosis UK Friend

We really value your decision to be a member of the charity, but when you become a friend, it means you want to do even more for the haemochromatosis cause. To qualify as a friend, you are asked to give a regular donation of at least £5 per month. If you do, we will also send you a special Friend's Pack.

www.haemochromatosis.org.uk/friends-against-iron-overload

Be a fundraiser

As a charity, we depend on volunteer and community fundraising to keep going every year. Every penny you raise in aid of Haemochromatosis UK will help in the fight against iron overload.

www.haemochromatosis.org.uk/fundraising-ideas

Be a Champion

As a Haemochromatosis Champion, you can help us by shaping and funding our future work. Champions will be people prepared to commit a larger donation, or open doors for us to overcome many of the barriers we face and to achieve much greater impact.

www.haemochromatosis.org.uk/become-a-catalyst-for-change

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COMMUNITY FUND